



WRITING NOOK

ACTIVE LISTENING: HOW TO USE NOTE TAKING WHEN IN CLASS

01

WHAT IS ACTIVE LISTENING?

Listening with concentration, attention, and focus to understand the meaning being conveyed by the speaker



02

HOW IT HELPS

- attention span
- academic performance
- interpersonal skills
- communication skills
- self-awareness
- critical thinking



03

WHY IS EFFECTIVE NOTE TAKING IMPORTANT?

- Ensures active listening
- Requires you to think about what you are writing
- Helps you make connections between topics
- Serves as quality review material



04

TAKING NOTES 'YOUR WAY'

We all learn differently, and that's ok!
There is a note-taking strategy that is best for the type of learner you are!



05

THE FIVE METHODS OF NOTE TAKING

1. The Cornell Method
2. The Mapping Method
3. The Outlining Method
4. The Charting Method
5. The Sentence Method



06

HAVE QUESTIONS?

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